

PE Choice Board K-2

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Option 1</p> <p>Dance to Baby Shark</p> <p>Option 2</p> <p>Spell It Fitness</p>	<p>Option 1:</p> <p>Workout with Moe</p> <p>Option 2:</p> <p>Back And Forth</p>	<p>Option 1:</p> <p>Practice some yoga</p> <p>Squish the Fish A Cosmic Kids Yoga Adventure!</p> <p>Option 2:</p> <p>Whole Body Rock Paper Scissors</p>	<p>Option 1:</p> <p>Exercise and rhyme</p> <p>Option 2:</p> <p>Throwing and Catching</p>	<p>Option 1:</p> <p>Avengers Endgame Workout</p> <p>Option 2:</p> <p>Make It Take It</p>

PE Choice Board 3-5

	Monday	Tuesday	Wednesday	Thursday	Friday
3-5	<p>Option 1</p> <p>YMCA Boot Camp</p> <p>Option 2</p> <p>Spell It Fitness</p>	<p>Option 1:</p> <p>YMCA Boot Camp Round 2</p> <p>Option 2:</p> <p>Back And Forth</p>	<p>Option 1:</p> <p>Kids Work Out!</p> <p>Option 2:</p> <p>Whole Body Rock Paper Scissors</p>	<p>Option 1:</p> <p>YMCA Boot Camp Round 3</p> <p>Option 2:</p> <p>YMCA Yoga class</p>	<p>Option 1:</p> <p>AVENGERS ENDGAME 'BLACK PANTHER' Hiit Workout For Kids</p> <p>Option 2:</p> <p>Make It Take It</p>